

Monthly Cleaning List

- Dust fans
- Clean Windows
- Clean baseboards
- Launder duvet covers, mattress pads, & shams.
- Wipe down phones
- Wipe light switch plates
- Wipe insides and outsides of trash cans
- Clean oven
- Organize pantry, discarding expired food.
- Wipe down kitchen cupboards
- Dust blinds
- Clean door handles
- Clean out cars
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Every 6 Months

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| <input type="checkbox"/> Change fire alarms | <input type="checkbox"/> Throw out expired spices |
| <input type="checkbox"/> Clean carpets | <input type="checkbox"/> Clean out freezer |
| <input type="checkbox"/> Throw out expired meds | <input type="checkbox"/> Turn mattresses |