

Weekly Menu Plan

Date:

	<u>Produce</u>	<u>Refrigerated</u>
	<u>Deli / Bakery</u>	<u>Frozen</u>
	<u>Dry Goods</u>	<u>Meats</u>
<u>Monday</u>		
<u>Tuesday</u>		
<u>Wednesday</u>		
<u>Thursday</u>		
<u>Friday</u>		
<u>Saturday</u>		
<u>Sunday</u>		